Special Features:
Special FF/JHM Gloves to First 250 Pre-registered!
Circuit Finisher Awards to ALL Runners/Walkers completing 2016 Spring Fling & FF/JHM Races
Coupon for 2017 Spring Fling 5K Ramp Run
Student Housing/University Village Competition:
- Top 3 male/female finishers from Peregrine Hall and Griffin Hall receive FF/JHM awards
- Peregrine Hall vs. Griffin Hall Traveling Trophy to unit with the most finishers

Chip Timing: All runners/walker must wear their assigned "Ultra Disposable Tag" provided by T&H Timing Services during the 4-Mile Run in order to be included in the computerized race results. Specific instructions on how to attach the Ultra Disposable Tag will be included in your race packet on race day morning.

PNW Racing Series Circuit Finisher Medal: This special medal goes to all runners who finish both the Spring Fling 5K Ramp Run (April 16, 2016) and the FF/JHM 4-Mile Run (November 6, 2016). Finisher awards may be picked up immediately after completion of the run. Present your official race result card at the Circuit Finisher Awards Table located in the PNW Gym.

Long Sleeve T-shirts: Participants in the 4-Mile Run and 1.5-Mile Walk will receive an official FF/JHM long sleeve t-shirt. To be guaranteed a t-shirt, you must pre-register by Fri., Oct. 21. Late registrants are NOT guaranteed a t-shirt.

Awards: 4-Mile Run - Overall and Masters (40 and over) male and female winners will receive a special award from Fleet Feet Sports in Schererville. Top 3 age division winners, Clydesdale and Athena division winners, PNW students and Faculty/Staff receive official FF/JHM awards.

Registration/Packet Pick-Up/Start Time: Registration & packet pick-up begins at 7:30am in the Fitness and Recreation Center. Both the 4-mile Run and 1.5-Mile Walk will start at 9:00am.

Name: ____________________________________________
Address: _____________________________
City: _____________________________
State & Zip: _____________________________
Phone: _____________________________
Email: _____________________________

Age On Race Day: ________ Male ______ Female

PNW Student [ ] PNW Faculty/Staff [ ] Public [ ]
Peregrine Hall [ ] Griffin Hall [ ]

Are You A University Village Resident? [ ] No [ ] Yes

T-Shirt Size (adult): [ ] S [ ] M [ ] L [ ] XL [ ] XXL

Clydesdale (190lb & up) [ ] Athena (150lb & up) [ ]

Enter Me In: [ ] 4-Mile Run [ ] 1.5-Mile Walk

Registration will close Wednesday, October 26th at 10:00PM and will re-open on Sunday, November 6th at 7:30AM.

Pre-Registered runners ONLY. NO family discounts for walkers. NO race day family discounts. NO race day or late registration (after Oct. 28th) discounts.

Name: ____________________________________________
Address: _____________________________
City: _____________________________
State & Zip: _____________________________
Phone: _____________________________
Email: _____________________________

WAIVER
I, the undersigned, in consideration of the acceptance of my entry to the Fall Frolic/Jennie Hamilton Memorial 4-Mile Run and 1.5 Mile Walk, to be held Sunday, November 6, 2016, do hereby agree to hold harmless the Trustees of Purdue University Northwest, Purdue University, its trustees, officers, appointees, agents, employees and the Calumet Region Striders from and against any losses, costs, damages and expenses including attorney’s fees, arising out of or resulting from claims or suits, by or on behalf of any person, for any injury to my person, including death, arising out of my participation in said activity. In addition, I understand that my participation in this event means I give permission for my photo to be used in any race publicity. I further certify that I am in proper physical condition to compete in the events, and I fully understand the risk involved as a participant in this event.

Signature: _____________________________
(under 18, parent or guardian must sign)
Date: _____________________________

Purdue University Northwest
FALL FROLIC
JENNIE HAMILTON MEMORIAL

4 Mile Run
1.5 Mile Walk

SUNDAY, NOVEMBER 6, 2016

Headquarters
Purdue Northwest
FRC Building
2300 173rd Street
Hammond, IN 46323

Sign-Up Info
Race Info, Application or to Register On-Line:
Pnw.edu/races
Race Hotline: (219) 989-2175
Email: Fitness@pnw.edu

Entry Fee

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<tr>
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<tr>
<td>1.5-Mile Walk</td>
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<tr>
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<tr>
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<td>3rd to 6th Family Member</td>
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</table>

Pre-Registered runners ONLY. NO family discounts for walkers. NO race day family discounts. NO race day or late registration (after Oct. 28th) discounts.

Current CRS Member (apply $1.00 off)

Mail Race Forms To:
Purdue Northwest
Student Accounts - LAWS 130
2200 169th Street
Hammond, IN 46323

Please Make Checks Payable To: Current CRS Member (apply $1.00 off)

Assigned BIB NUMBER: _____________________________