#### CURRICULUM VITA

## Christopher K. Belous, PhD

Professor of Couple & Family Therapy PURDUE UNIVERSITY Northwest

> Mailing Address 2200 169th St., IBCC Hammond, IN 46323

(219) 989-2938 ckb@pnw.edu

### **Education**

PhD 2012 Michigan State University, East Lansing, MI

Human Development and Family Studies, Couple and Family Therapy

Adviser: Richard S. Wampler, PhD

Dissertation: Development of a Scale to Assess Same-Gender Relationships

\*Published in Journal of Marital and Family Therapy, 42(3)

MA 2009 Michigan State University, East Lansing, MI

Marriage and Family Therapy

Adviser: Tina M. Timm, PhD

Oral Defense: Effective Treatment of Same Gender Couples \*Published in American Journal of Family Therapy, 43(3)

BA 2007 Central Michigan University, Mt. Pleasant, MI

Family Studies Major, Psychology Minor

### **Active Licenses & Certification**

CSE-S	2025-Pres	Certified Sex Educator Supervisor; AASECT (#1298741)
<b>LMFT</b>	2020-Pres	Licensed Marriage & Family Therapist, Illinois (#166.001427)
<b>LMFT</b>	2018-Pres	Licensed Marriage and Family Therapist, Indiana (#35002025A)
<b>LMFT</b>	2013-Pres	Licensed Marriage and Family Therapist, Georgia (#MFT001317)
CST	2019-Pres	Certified Sex Therapist; AASECT (#1298741)
CSE	2017-Pres	Certified Sex Educator; AASECT (#1298741)
AS	2013-Pres	Approved Supervisor; AAMFT (#122477)
CFLE	2009-Pres	Certified Family Life Educator; NCFR (#20091051)

### Academic Position(s) and Appointments

Purdue University Northwest, Hammond, IN

MS in Couple & Family Therapy, Department of Behavioral Sciences COAMFTE ACCREDITED

#### Current Role/Position(s)

2025 – Present Professor (Tenured)

2025 – Present Institute for Social Policy and Research, Faculty Research Associate Director of Couple & Family Therapy Graduate Programs and Services 2022 – Present

Belous, C. K. Curriculum Vitae Page 1 of 25 DESCRIPTION: The Director of CFT Grad Programs and Services is a combined administrative position, subsuming and incorporating the roles of Program Director and Clinical Director. The position is the administrative head for all aspects of academic and clinical training for the COAMFTE Accredited Program in Systemic Therapy, including fiscal and logistic management, accreditation, program governance and improvement, supervisory responsibilities for staff, oversight of environment and physical space, responsibility for curriculum and clinical training experiences, and other administrative tasks such as admissions and recruitment, etc. A detailed list of all responsibilities can be provided.

### Previous Role/Position(s)

2018 – 2025 Associate Professor (Tenured)
2022, Spring Interim Program Director
2018 – 2022 Clinical Director

## MSEd in Counselor Education, School of Counseling & Education CACREP ACCREDITED

#### Current Role/Position

2024 - 2025

Interim Program Coordinator, Counselor Education Programs

DESCRIPTION: The Program Coordinator oversees and administers graduate programs in Community Mental Health Counseling (CACREP), School Counseling (CACREP), Addictions Counseling Graduate Certificate, Expressive Arts Counseling Graduate Certificate, and Medically Assisted Recovery Graduate Certificate (ICADA). In this role, I administratively organized and established standard operating procedures and policies associated with the academic and clinical training aspects of the program.

### College of Humanities, Education & Social Sciences – Administrative Appointments

### 2024, Spring

### Professional Programs Lead

DESCRIPTION: This position is a parallel position to that of an Associate Dean. The position is described as a lead coordinator with limited administrative responsibilities over all accredited, credentialed, externally approved or qualifying professional programs. In this role, I helped to facilitate the expansion, collaboration, accreditation and data collection/reporting initiatives, and enhancement of undergraduate Education programs and degrees (NCATE and CAEP), and the graduate programs in Community Mental Health Counseling (CACREP), Clinical Psychology (APA), Social Work (CSWE), and Couple & Family Therapy (COAMFTE).

### 2023 - 2024

#### Faculty Leadership Fellow

DESCRIPTION: A leadership fellow participates in administrative professional development and training programs to enhance a person's abilities and skill sets in those contexts. Each fellow is expected to participate in CHESS Leadership meetings, engage in cultural enhancement efforts in the college, and design and develop a leadership project that will enhance the overall college space for faculty, staff, or students in a particular area. Mentorship is included with resources available to help with achieving goals based on outcomes and data to support initiatives.

### Mercer University School of Medicine, Atlanta, GA

Master of Family Therapy Program, Department of Psychiatry and Behavioral Sciences COAMFTE ACCREDITED

2013 – 2018 Assistant Professor (Tenure Track)

2013 – 2017 Clinic Director

University of Akron, Akron, OH

Marriage and Family Therapy/Counseling Programs, Department of Counseling CACREP ACCREDITED & COAMFTE DUAL ACCREDITATION

2012 - 2013Post-Doctoral Visiting Assistant Professor

Michigan State University, East Lansing, MI

Couple & Family Therapy Program, Department of Human Development & Family Studies COAMFTE ACCREDITED

2009 - 2012Clinic Coordinator, Couple and Family Therapy Clinic

2007 - 2012Graduate Assistant (Research & Teaching)

### **Scholarly Experience**

Research Interests: Sexuality, Sexual Orientation and Gender Expansiveness, Financial

Logistics and Treatise, Assessment and Outcome, Training and

Supervision

Academic Repository Networks and Profiles:

Google Scholar | ORCID | ResearchGate | Publons

Scholar Metrics (Last Update: April 25, 2025, reported by Google Scholar)

<u>h-index</u>	<u>i-10 index</u>	<u>Total Citations</u>
10	10	338

#### Peer Reviewed Publications

Articles Under Review

- \*Babirye, B., Belous, C. K., Griggs, M. T., & Gillotti, C. M. (under review, 08/2025). A Qualitative Examination of Culture and Sexuality for East African Women Living in the United States. Submitted for consideration in Sexualities.
- \*McLeod, O, Belous, C. K., Griggs, M. T., & Izienicki, H. (Revise & Resubmit, 08/2025). Intimate partnership and the gender spectrum: An analysis of gender exploration within queer relationships. Submitted for consideration in
- \*An, J. H., Belous, C. K., Bhandari, S., & Eckhardt, C. I. (under review, 06/2025). How Cognitive Behavioral Therapy is applied effectively for Korean American individuals and Couples Experiencing Situational Couple Violence. Submitted for consideration in *Journal of Couple & Relationship Therapy*.
- \*Soe, G., **Belous, C. K.,** Griggs, M. T., & Zelechoski, A. D. (under review, 07/2025). From Stigma to Support: How Therapists Navigate Intersectionality of Identities and Power Dynamics. Submitted for consideration in *Contemporary Family* Therapy.

Published Articles

<sup>\*</sup>Student Co-Author at time of publication. Unless otherwise noted, journal metrics are for the year published.

**13. Belous, C. K.,** & \*Schulz, E. E. (2024). The sex positivity scale: A new way to measure sex positivity as a trait. *Sexual & Relationship Therapy*, *39*(4), 944-962. https://doi.org/10.1080/14681994.2022.2140136

*IF*: 1.1 *5 Year IF*: 1.4 *CiteScore*: 3.0 *SNIP Score*: .657

**12. Belous, C. K.,** \*Langbartels, L., & \*Weldon, A. (2021). Teaching sex therapy as a method of transformative learning: A mixed methods analysis of efficacy. *Sexual & Relationship Therapy*, 36(4), 480-494.

https://doi.org/10.1080/14681994.2019.1676408

*IF*: 1.1 *5 Year IF*: 1.4 *CiteScore*: 3.0 *SNIP Score*: .657

**11. Belous, C. K.,** Wampler, R. S., & Ledford, B. L. (2021). Testing the Gay and Lesbian Relationship Satisfaction Scale with item response modeling. *Journal of Couple & Relationship Therapy*, 20(1), 1-14.

https://doi.org/10.1080/15332691.2020.1746460

*IF*: 1.0 5 Year IF: 1.3 CiteScore: 1.9 SNIP Score: .715

10. Lampis, J., De Simone, S., & **Belous, C. K.** (2021). Relationship Satisfaction, Social Support, and Psychological Well-Being in a Sample of Italian Lesbian and Gay Individuals. *Journal of GLBT Family Studies*, 17(1), 49-62.

https://doi.org/10.1080/1550428X.2020.1724844

*IF*: 3.4 *5 Year IF*: 3.4 *CiteScore*: 4.5 *SNIP Score*: 1.697

### ↓ Prior to Purdue University Northwest Appointment (9) ↓

- 9. Twist, M. L. C., Maier, C. A., **Belous, C. K.,** & Bergdall, M. K. (2017). Considering technology-based ecological elements in Lesbian, Gay, and Bisexual partnered relationships. *Sexual & Relationship Therapy*, 32(3-4), 291-308. <a href="https://doi.org/10.1080/14681994.2017.1397945">https://doi.org/10.1080/14681994.2017.1397945</a>
- 8. Twist, M. L. C., Bergdall, M. K., **Belous, C. K.,** \*Maier, C. A. (2017). Electronic visibility management of Lesbian, Gay, and Bisexual identities and relationships in young adulthood. *Journal of Couple and Relationship Therapy*, *16*(4), 271-285. <a href="https://doi.org/10.1080/15332691.2016.1238798">https://doi.org/10.1080/15332691.2016.1238798</a>
- **7. Belous, C. K.,** & \*Bauman, M. L. (2017). What's in a name? Exploring pansexuality online. *Journal of Bisexuality*, 17(1), 58-72. https://doi.org/10.1080/15299716.2016.1224212
  - → Republished as Chapter 4 within:

Flanders, C. E. (Ed). (2019). *Under the bisexual umbrella: Diversity of identity and experience*. Florence, KY: Routledge.

- 6. \*Bauman, M. L., & **Belous, C. K.** (2016). Using symbolic-experiential family therapy to treat adjustment disorder: A case study. *American Journal of Family Therapy*, 44(5), 285-300. https://doi.org/10.1080/01926187.2016.1231599
- **5. Belous, C. K.**, & Wampler, R. S. (2016). Development of the gay and lesbian relationship satisfaction scale (GLRSS). *Journal of Marital and Family Therapy*, 42(3), 451-465. <a href="https://doi.org/10.1111/jmft.12158">https://doi.org/10.1111/jmft.12158</a>
- **4. Belous, C. K.** (2015). Couple therapy with lesbian partners using an affirmative-contextual approach. *American Journal of Family Therapy*, 43(3), 269-281. <a href="https://doi.org/10.1080/01926187.2015.1012234">https://doi.org/10.1080/01926187.2015.1012234</a>
- **3. Belous, C. K.**, Wampler, R. S., & \*Warmels-Herring, T. (2015). Gay male adaptation in the coming out process. *Journal of Gay & Lesbian Mental Health*, 19(1), 55-71. https://doi.org/10.1080/19359705.2014.921265

- **2. Belous, C. K.**, Topor, J. A., & \*Gorton, S. G. (2013). Internship as mentorship: A brief report of undergraduate mentoring from a COAMFTE-accredited couple and family therapy program. *Family Science Review*, *18*(2), 77-88.
- **1. Belous, C. K.,** Timm, T. M., Chee, G., & Whitehead, M. (2012). Revisiting the sexual genogram. *American Journal of Family Therapy*, 40(4), 281-296. https://doi.org/10.1080/01926187.2011.627317

### Professional Accreditation Reports and Self-Studies (2)

2023-2024 Primary, Solo Author & Preparer

Purdue University Northwest, MS in Couple & Family Therapy Commission on Accreditation for Marriage & Family Therapy Education (COAMFTE), Standards Version 12.5

- Initial review of Self-Study document resulted in only one comment for additional material needed
- April 2024 Site Visit initial feedback was positive
- 2015 Lead for Data Analytics and Reporting

Mercer University, Atlanta Campus, Master of Family Therapy Commission on Accreditation for Marriage & Family Therapy Education (COAMFTE), Standards Version 12.0

Primary data analysis and reporting lead for metrics and evaluations

### National Guidelines/White Papers (1)

Hartwell, E. E., **Belous, C. K.,** Benson, K., Cox, L., Iantaffi, A., McGeorge, C. R., Shipman, D., & Twist, M. L. C. (2021). Clinical guidelines for LGBTQIA-affirming marriage and family therapy. *American Association for Marriage & Family Therapy*. Alexandria, VA.

### **Editorials**

- **5. Belous, C. K.** (2023). Advances in theory and new information on the effect of trauma. Clinical Reviews Editorial. *Sexual and Relationship Therapy*, *38*(3). https://doi.org/10.1080/14681994.2023.2233326
- **4. Belous, C. K.** (2023). Factors of Sexual Satisfaction and Desire through Behaviors and Intervention. Clinical Reviews Editorial. *Sexual and Relationship Therapy*, 38(2). <a href="https://doi.org/10.1080/14681994.2023.2207995">https://doi.org/10.1080/14681994.2023.2207995</a>
- **3. Belous, C. K.** (2022). Sex satisfaction Science? Or fathomed? Clinical Reviews Editorial. *Sexual and Relationship Therapy*, *37*(2), 153-156. https://doi.org/10.1080/14681994.2022.2074212
- **2. Belous, C. K.** (2022). Highlighting sexual potential with sexual locations. Clinical Reviews Editorial. *Sexual and Relationship Therapy*, *37*(1), 7-10. <a href="https://doi.org/10.1080/14681994.2022.2034214">https://doi.org/10.1080/14681994.2022.2034214</a>

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**1. Belous, C. K.** (2021). Discovering connections. Clinical Reviews Editorial. *Sexual and Relationship Therapy*, 36(4), 313-317. https://doi.org/10.1080/14681994.2021.1996856

### **Book Contributions**

9. Addison, S., & **Belous, C. K.** (accepted). Queer-Contextualized Gottman Method Couple Therapy. In E. Hartwell & L. Edwards (Eds.) *Queer-Contextualizing Family Therapy: Radically Inclusive Theory and Practice*. Routledge.

### ↓ Prior to Purdue University Northwest Appointment (8) ↓

- 8. Smith, C. P., & **Belous, C. K.** (2018). Countering systemic retraumatization for sextrafficking survivors. In A. Froerer, J. von Cziffra-Bergs, J. Kim, & E. Connie (Eds.), *Solution Focused Brief Therapy with Clients Managing Trauma*. Oxford University Press.
- **7. Belous, C. K.** (2018). Richard Wampler. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer.
- **6. Belous, C. K.**, & Smith, C. P. (2017). Multiple/invented reality in family systems theory (pp. 1-2). In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer. https://doi.org/10.1007/978-3-319-15877-8 338-1
- **5. Belous, C. K.** (2016). Sexual orientation, attraction, and identity. In J. Carlson & S. Dermer (Eds.), *SAGE Encyclopedia of Marriage, Family, and Couples Counseling* (pp. 1541-1543). Thousand Oaks, CA: SAGE. <a href="https://doi.org/10.4135/9781483369532.n463">https://doi.org/10.4135/9781483369532.n463</a>
- **4. Belous, C. K.** (2016). Clinician-directed, solution focused supervision. In J. Carlson & S. Dermer (Eds.), *SAGE Encyclopedia of Marriage, Family, and Couples Counseling* (pp. 271-274). Thousand Oaks, CA: SAGE. <a href="https://doi.org/10.4135/9781483369532.n84">https://doi.org/10.4135/9781483369532.n84</a>
- **3. Belous, C. K.** (2016). Therapeutic assessment. In J. Carlson & S. Dermer (Eds.), *SAGE Encyclopedia of Marriage, Family, and Couples Counseling* (pp. 1694-1696). Thousand Oaks, CA: SAGE. https://doi.org/10.4135/9781483369532.n507
- **2. Belous, C.** (2010). World creation intervention. In L. Lowenstein (Ed.), *Creative family therapy techniques: Play, art, and expressive activities to engage children in family sessions (pp. 281-283)*. Toronto, Canada: Champion Press.
- **1. Belous, C.** (2009). Primer on family theories and research methods: An introduction. In M. Corey (Ed.), *The family: A global and ecological perspective, Special edition for Michigan State University (pp. 28-40)*. Upper Saddle River, NJ: Pearson Publishing.

### Handbooks and Manuals (6 Original + Multiple Updates)

**Belous, C. K.** (Ed.). (2022, 2023, 2024) *PNW Couple & Family Therapy Graduate Program Student Handbook* Hammond, IN: Purdue University Northwest. Self-Published.

- **Belous, C. K.** (Ed.). (2021, 2022, 2023) *PNW Couple & Family Therapy Center Policy & Procedure Manual*. Hammond, IN: Purdue University Northwest. Self-Published.
  - 2021 Substantial update, due to COVID-19 & reformatting/policy changes
- **Belous, C. K.** (Ed.). (2019, 2020). *Clinical intern handbook: Guidance, policies, and procedures for the Couple & Family Therapy Center*. Hammond, IN: Purdue University Northwest Couple & Family Therapy Center. Self-Published.

Updated & expanded from previous version, added in several sections and re-wrote for clarification approximately 50% of the handbook

### ♣ Prior to Purdue University Northwest Appointment (4) ♣

**Belous, C. K.** (2017). *Clinical intern handbook*. Atlanta, GA: Mercer University School of Medicine. Self-Published.

[First Edition, never existed prior to this publication]

**Belous, C. K.** (2011). *Coordinator's Manual*. East Lansing, MI: MSU Couple and Family Therapy Clinic. Self-Published.

[First Edition, never existed prior to this publication]

**Belous, C. K.** (2011). *Undergraduate Intern Manual*. East Lansing, MI: MSU Couple and Family Therapy Clinic. Self-Published.

[First Edition, never existed prior to this publication]

**Belous, C. K.,** & Wampler, R. S. (2010 & 2011). *Therapist Manual* (2nd Edition; First Edition: 2010). East Lansing, MI: MSU Couple and Family Therapy Clinic. Self-Published.

[First Edition, never existed prior to this publication]

### <u>Conference/Training Presentations: National/International</u>

\*Student Co-Presenter

- 41. Marasco, V. & **Belous, C. K.** (2025). *Queer from the get-go: Intake to termination with same-gender male couples.* Society for Sexual, Affectional, Intersex, and Gender Expansive Identities. Rainbow Certification program, online.
- **40. Belous, C. K.** (October, 2024). *The art of academic negotiation*. North Central Association of Counselor Educators and Supervisors Bi Annual Conference, Chicago, IL.
- 39. \*Benge, J, & **Belous, C. K.** (November, 2023). *Exploration of a spectrum to describe sexual distress*. Presentation. Society for the Scientific Study of Sexuality Annual Conference, New Orleans LA.
- 38. \*Benge, J, & **Belous, C. K.** (June, 2023). *Effective sex education for future systemic therapists*. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference, San Francisco CA.
- 37. \*Dal Santo, M., & **Belous, C. K.** (June, 2023). *Queer Theory???* << *emoji with two hands up and confused look* >>. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference, San Francisco CA
- 36. \*McLeod, O. & **Belous, C. K.** (June, 2023). *Intimate partnership and the gender spectrum: A review of gender exploration within queer couples.* Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference, San Francisco CA.

- **35. Belous, C. K.** (October, 2022). *Affirming sex therapy & permission based sex therapy approaches.* Workshop. University of Guelph Intensive Sex Therapy Institute. Virtual presentation.
- 34. \*Setzekorn, M. & **Belous, C. K.** (June 2022). *Eliminating barriers to transgender and non-binary affirmative therapy*. Workshop. Queer & Trans Advocacy Network of AAMFT. Virtual Conference.
- **33. Belous, C. K.** & \*Schulz, E. E. (June 2022). *Uniquely Overlapping: How distinct specialties of sexology intersect and stand alone*. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Virtual Conference.
- 32. \*Schulz, E. E., & **Belous, C. K.** (June, 2021). *Queer Islands: How to take care of yourself and exist when it feels like you're alone*. Workshop. Queer & Trans Advocacy Network of AAMFT. Virtual Conference.
- **31. Belous, C. K.,** & Schulz, E. E. (April, 2021). Sex positivity, political affiliation, ideology, & religion: New information on the dystopian connection. Poster Presentation. Society for Sex Therapy & Research Annual Conference. Virtual Conference.
- **30. Belous, C. K.,** Stein, S., & Garcia, E. (June, 2019). *Can we talk about that? The unsuspecting role of permission in effective sex therapy.* Workshop. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Philadelphia, PA.
- 29. \*Stein, S., & **Belous, C. K.** (June, 2019). Sexuality on standbi: Experiences of bierasure in different-gendered relationships. Workshop. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Philadelphia, PA.
- **28. Belous, C. K.,** & \*Begley, L. (June, 2019). *The representation of trans\* bodies in research*. Poster presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Philadelphia, PA.
- **27. Belous, C. K.,** & Heuwagen, S. E. (September, 2018). *Best practices in sex therapy*. Workshop. Sex Down South Annual Conference, Atlanta, GA.
- **26. Belous, C. K.,** & Heuwagen, S. E. (September, 2018). *Current advances in sex education for adults*. Workshop. Sex Down South Annual Conference, Atlanta, GA.

### ↓ Prior to Purdue University Northwest Appointment (25) ↓

- **25. Belous, C. K.** (February, 2018). *Working with LGBTQ+ populations*. Invited Workshop. Action Council for Cross Cultural Mental Health and Human Services Annual Conference, Myrtle Beach, SC
- **24. Belous, C. K.** (November, 2017). *Talking about sex: Micro-activism in non sex positive spaces.* Sex Down South Mini Bang: SEXxATL Ted Talks, Atlanta, GA.
- 23. Heuwagen, S. E., & **Belous, C. K.** (October 2017). *Effectively working with sexual assault void of bias*. Workshop. American Association for Marriage and Family Therapy 2017 Annual Conference, Atlanta, GA.
- 22. Froerer, A. S., Smith, C. P., & **Belous, C. K.** (October, 2017). *Postmodern ethics in an era of black and white*. Workshop. American Association for Marriage and Family Therapy 2017 Annual Conference, Atlanta, GA.
- **21. Belous, C. K.,** Smith, C. P., Froerer, A. S., & Moore, D. D. (November 2016). *Revisioning our work with families: Considering social justice in the human*

- *experience*. Roundtable. National Council on Family Relations Annual Conference, Minneapolis, MN.
- **20. Belous, C. K.,** & \*Bauman, M. L. (November 2016). *What's in a name? Exploring pansexuality in popular culture*. Poster Presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.
- 19. \*Bauman, M. L., & **Belous, C. K.** (November, 2016). *The treatment of adjustment disorder: A symbolic-experiential case study*. Paper Presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.
- **18. Belous, C. K.,** \*Lopez-Tavira, A., & \*Tidwell, D. M. (October, 2016). *Exploring the landscape of your sexuality through art.* Workshop. Sex Down South Annual Conference, Atlanta, GA.
- 17. Twist, M. L. C., **Belous, C. K.,** \*Maier, C., & \*Bergdall, M. (November 2015). *Technology-based ecological elements in Lesbian, Gay, and Bisexual partnered relationships*. Poster Presentation. Society for the Scientific Study of Sexuality Annual Conference, Albuquerque, NM.
- **16. Belous, C. K.** & \*Heuwagen, S. E. (November 2015). *Blogs and bytes: Digital technology as a method of advocacy*. Poster Presentation. Society for the Scientific Study of Sexuality Annual Conference, Albuquerque, NM.
- **15. Belous, C. K.**, \*Stutts, N., & \*Attridge, P. R. (November 2015). *Characteristics of same-gender relationships in Longer-term dyads: A phenomenological study.* Workshop. Society for the Scientific Study of Sexuality 2015 Annual Conference, Albuquerque, NM.
- **14. Belous, C. K.** (November 2015). *Teaching sex therapy as a method of transformative learning*. Paper Presentation. Society for the Scientific Study of Sexuality Annual Conference, Albuquerque, NM.
- **13. Belous, C. K.** (October 2015). *Where's the Love? Positively having sex with yourself.* TED-Style Talk. Sex Down South Annual Conference, Atlanta, GA.
- 12. \*Heuwagen, S. E., & **Belous, C. K.** (October 2015). *Sex positivity through blogging and social media*. Workshop. Sex Down South Annual Conference, Atlanta, GA.
- **11. Belous, C. K.**, & Moore, D. D. (September 2015). *Clinician directed, solution-focused supervision*. Workshop. American Association for Marriage and Family Therapists, Annual Conference Austin, TX.
- **10. Belous, C. K.**, & Seedall, R. (September 2015). *Experiences in doctoral research training*. Poster Presentation. American Association for Marriage and Family Therapists, Annual Conference Austin, TX.
- **9. Belous, C. K., &** Wampler, R.S. (November, 2013). *Initial development of the Scale for Assessing Same-gender couple satisfaction*. Paper presentation. National Council on Family Relations Annual Conference, San Antonio, TX.
- 8. Wampler, R.S. & **Belous, C. K.** (November, 2013). *An Item Response Theory analysis of the Scale for Assessing Same-gender Couples*. Paper presentation. National Council on Family Relations Annual Conference, San Antonio, TX.
- **7. Belous, C. K.,** \*Moore, A. M., \*East, M. K., & \*Headley, J. (October, 2013). *LGBTIQQ affirmative counseling: Promoting advocacy and social justice.* Workshop. Association for Counselor Education and Supervision Annual Conference, Denver, CO.

- **6. Belous, C. K.,** Wampler, R. S. (October, 2013). *Development and validation of the supervision evaluation assessment.* Workshop. Association for Counselor Education and Supervision Annual Conference, Denver, CO.
- 5. Wampler, R.S., Shimabukuro-Naigi, S., & **Belous, C. K.** (November, 2012) *Mediators of perceived maternal criticism in Okinawan children*. Poster presentation. National Council on Family Relations Annual Conference, Phoenix, AZ.
- **4. Belous, C. K.,** Whitehead, M., Chee, G., & Timm, T. (November, 2011). *Revisiting the sexual genogram.* Poster presentation. National Council on Family Relations Annual Conference, Orlando, FL.
- 3. Topor, J. A., & **Belous, C. K.** (November, 2011). Evaluating client outcome correlated with therapist prognosis at conclusion of treatment. Poster presentation. National Council on Family Relations Annual Conference, Orlando, FL.
- **2. Belous, C. K.** (November, 2010). *Effective treatment of same gender couples using a contextual approach*. Poster presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.
  - → Winner of the 2010 Family Therapy Section Poster Award.
- **1. Belous, C. K.** (November, 2010). *The interactive sex history questionnaire*. Poster presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.

### Conference Presentations: State/Local

- \*Student Co-Author at time of Presentation
  - **20. Belous, C. K.** (October, 2022). Sexology and the ever changing landscape of the profession. Lunch & Learn workshop (invited) presented to Indiana Association for Marriage & Family Therapy. Presented virtually.
  - **19. Belous, C. K.** (October, 2022). *The intersection of LGBT Identities & Mental Health*. Invited speaker as keynote training for the Diversity, Equity, and Inclusion committee of Baker College, MI. Hosted virtually, physical location is Flint, MI.
  - **18. Belous, C. K.** & \*Weldon, A. (April, 2019). Feminist pedagogy modified critical discourse or advocacy gone awry? Presentation at the Annual Midwest Scholarship of Teaching and Learning Conference. South Bend, IN.

### ♣ Prior to Purdue University Northwest Appointment (17) ♣

- **17. Belous, C. K.** (November, 2017). Working with trans\* and non-gender binary populations. Invited Presentation/Plenary. Georgia Association for Marriage and Family Therapy. (CEU Workshop: 2 CEU's Provided). Macon, GA.
- **16. Belous, C. K.** (October, 2017). Self care. Invited Presentation. *Georgia Prosecuting Attorney's Council In-service Case Manager Staff Training*. Morrow, GA.
- **15. Belous, C. K.**, Froerer, A. S., & Smith, C. P. [Equal Co-Authorship] (April, 2017). *Treating ourselves better: Resilience, awareness, and inner strength.* Invited Presentation/Plenary. Georgia Prosecuting Attorney's Annual Conference, Pine Mountain, GA.
- **14. Belous, C. K.** (February, 2017). *Clinical sexology*. Invited Presentation/Plenary. North Metro Chapter of the Georgia Association for Marriage and Family Therapy. (CEU Workshop, 3 CEU's Provided). Alpharetta, GA.

- **13. Belous, C. K.** (February, 2017). *Becoming a sex therapist*. Invited Presentation/Plenary. Kennesaw State University Women, Gender, and Sexualities Program, Kennesaw, GA.
- **12. Belous, C. K.,** Froerer, A. S., & Smith, C. P. [Equal Co-Authorship] (September, 2016). *Vicarious trauma, compassion fatigue, and burnout.* Invited Presentation/Plenary. Georgia Commission on Family Violence Annual Family Violence Conference, Jekyll Island, GA.
- **11. Belous, C. K.**, Froerer, A. S., & Smith, C. P. [Equal Co-Authorship] (April, 2016). *Advocate self-care*. Invited Presentation/Plenary. Prosecuting Attorney's Council of Georgia Victim Witness Assistance Personnel Annual Conference, Young Harris, GA.
- **10. Belous, C. K.** (January, 2016). *Sex Therapy 101*. Invited Presentation/Plenary. Metro-Atlanta Chapter of the Georgia Association for Marriage and Family Therapy. (CEU Workshop, 2 CEU's Provided). Atlanta, GA.
- **9. Belous**, C. K., Gallant J. P., & Smith, C. P. [Equal Co-Authorship] (March, 2015). *Vicarious trauma and burnout*. Invited Presentation/Plenary. Cherokee Family Violence Center (In-service Training), Cherokee County, GA.
- **8. Belous, C. K.**, Froerer, A. S., Moore, D. D., & Smith, C. P. [Equal Co-Authorship] (March, 2016). *Re-visioning our work with families: Considering social justice in clinical/therapeutic treatment*. Grand Rounds Dept. of Psychiatry and Behavioral Sciences, Mercer University School of Medicine, Macon, GA.
- 7. \*Sullivan, K., \*Wootton, K., \*Luyster, S., & **Belous, C. K**. (April, 2013). *Review of LGBT rape crisis intervention programs*. Poster presentation. Graduate Council for Research on Women Annual Conference, Akron, OH.
- **6. Belous, C. K.**, Whitehead, M., Chee, G., & Timm, T. (April 2011). *Revisiting the sexual genogram*. Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.
- 5. \*Nichols, E., \*Warmels-Herring, T., \*Johnson, E., \*Randall, L., & **Belous, C. K.** (April 2011). *Defining relationships between client characteristics in a university-based couple and family therapy clinic*. Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.
- **4. Belous, C.** (April 2010). A collaborative approach to sex history taking: The interactive sex history questionnaire. Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.
- **3. Belous, C.** (April 2010). *Using contextual therapy as a model for therapy with lesbian couples.* Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.
- 2. Ramisch, J. L., **Belous**, C., & Topor, J. (March 2010). *The Ramisch parent assessment: The development of an assessment for parents that have children with autism*. Graduate Academic Conference, Michigan State University, East Lansing, MI.
- **1. Belous, C.** (March 2008). *Infidelity: Where we are now, and where we need to be.* Michigan Association for Marriage and Family Therapy State Conference. East Lansing, MI.

### Other Publications

- 8. \*Schulz, E. E. & **Belous, C. K.** (2022, invited). Book Review: Gambescia, N., Weeks, G. R., & Hertlein, K. M. (2020). *A clinician's guide to systemic sex therapy*. 3rd Edition. Routledge. ISBN: 978-0367228064. *Journal of Marital and Family Therapy*, 48(4), 1251-1252. https://doi.org/10.1111/jmft.12578
- 7. \*Belous, C. K., & \*Kingzette, A. (2022, invited). Book Review: Kauppi, M. (2021). *Polyamory: A clinical toolkit for therapists (and their clients)*. Rowman & Littlefield Publishers. ISBN: 978-1538129890. *Journal of Marital and Family Therapy, 48*(3), 945-946. https://doi.org/10.1111/jmft.12553

### ↓ Prior to Purdue University Northwest Appointment ↓

- 6. \*Belous, C. K. (2014). Lee, R. E., & Nelson, T. S. (2013). Book Review: The contemporary relational supervisor. New York: PB Routledge, 228 pp., \$49.95. \*\*Journal of Marital and Family Therapy, 40(3), 402–403. \*\*https://doi.org/10.1111/jmft.12060
- **5. Belous**, C. K., & Topor, J. A. (Summer, 2013). Review of *Close Relationships* by Pamela Regan. Submitted to *CFLE Network*, Summer 2013 Edition.
- **4. Belous, C.** (2010). Adolescence: Troubles and changes Advice from a family therapist. *Invited Contribution to a Training Manual for Camp Staff Michigan High School Principal's Association*. Private Publication of MHSPA, East Lansing MI.
- **3. Belous, C. K.** (2010). A view of the AAMFT national conference, 2010. *The Michigan Mentor: Newsletter of the Michigan Association for Marriage and Family Therapy* (Electronic Newsletter), October, 2010.
- **2. Belous, C.** (2010). Review of *M & F* by Knox and Schacht. *CFLE Network*, 21.4, Winter 2010 Edition.
- **1. Belous, C.** (2008). The African American experience in family therapy: Expertise from Nancy Boyd-Franklin. *The Michigan Mentor: Newsletter of the Michigan Association for Marriage and Family Therapy* (Electronic Newsletter), May 2008.

### **Grant Experience**

### Since Appointment to Purdue University Northwest Faculty

Position began in Fall of 2018; 10 awarded for total of: \$198,739 + supervised graduate student research and grant awards in the amount of: \$8,125

#### **ACTIVE**

**Selous, C. K. [PI],** Bhandari, S., Boe, J. L., Camacho, O., Griggs, M. T. & Zelechoski, A. (Awarded, Spring 2025). *Development of the Interdisciplinary Center for Professional Development*. Internal Grant – Interdisciplinary Grant through the College of Humanities, Education, and Social Sciences (PNW).

Grant Timeline: Spring 2025-Summer 2025 (Approx. 6 months)

Percent Effort: 75%

Role: Principle Investigator, Co-coordinator

<sup>\*</sup> Asterisk denotes student co-author/investigator

Outcome/Status: Planning and implementation phase 1

\$152,000 Bhandari, S. [PI], Belous, C. K. [Co-PI], Hollingsworth, L., & Zelechoski, A. (Awarded, Spring 2023). Ensuring Success of New Faculty through Collaborative Mentoring. Internal Grant – Bold2BeBold Initiative through the College of Humanities, Education, and Social Sciences (PNW).

Grant Timeline: Summer 2023 – May 2025 (Approx. 36 months)

Percent Effort: 25%

Role: Co Principle Investigator, Co-coordinator and evaluator

Outcome/Status: Implementation Phase

#### **COMPLETED**

**\$25,000** Jackson, N. F. [PI], & **Belous, C. K.** [Co-PI] (Awarded, Fall 2022). *Invest in Education: Prevent a wrongful conviction*. Legacy Foundation, Transform Lake County.

Grant Timeline: Spring 2023-Fall 2023 (12 months)

Percent Effort: 20%

Role: Co Principle Investigator, Methodologist and Statistician

Outcome/Status: Planning and implementation stages

- **\$1,500 Belous, C.** (PI). (2023). Reinvigoration of Play Therapy Materials for the Advancement of Family Functioning & Wellbeing. Hammond Community Corporation Grant.
- **\$3,750 Belous, C. K.** [PI], & Schulz, E. E. (Awarded, Summer 2021). *Strengthening community mental health resources and access through advancing technology*. High-Impact Community Engagement Practices Grant Program, Indiana Campus Compact.

Grant Timeline: Summer 2021-Fall 2021 (6 months)

Percent Effort: 90%

Role: Principle Investigator

Outcome: Purchased new recording equipment for students, implemented and conducted program review/outcome and evaluation of project. Currently in development for dissemination-publication.

**\$3,750 Belous, C. K.** [PI]. (Awarded, Summer 2020). *American sex, today: A cross-sectional national survey examining the sexual satisfaction, attitudes, beliefs, values, and activities of the US population*. CHESS Summer Faculty Scholarship Award, Purdue University Northwest.

Percent Effort: 100%

Role: Principle Investigator (Solo)

Outcome: Developed survey, completed IRB submission

**\$3,739** Hynes, K. C. [PI] & **Belous, C. K.** [Co-PI]. (Awarded, 2020 CY). *Couple & Family Therapy Center Multimodal Research Archive*. Exploratory Grant, Office of Research, Purdue University Northwest.

Percent Effort: 40%

Role: Co-Principle Investigator

Outcome: Developed database, completed IRB Submission, developed secure server/cloud storage, and purchased technological equipment (laptops, iPads).

### **Graduate Student Mentored in Grant Funding**

Completed	
\$375	McLeod, O. (2024). Gender transition within couple relationships. PNW
	Graduate Research Grant.
\$375	Santos, M. (2024). Critical Consciousness and trauma. PNW Graduate
	Research Grant.
\$375	Benge, J. (2024). A spectrum for measuring sexual interest distress. PNW
	Graduate Research Grant.
\$750	An, J. (2024). Cognitive Behavioral Therapy for IPV with Korean
	American Couples. PNW Graduate Research Grant.
\$750	De Sevilla, C. (2023). Exploring the lived experiences of pregnant grad
	students. PNW Graduate Research Grant.
\$1,500	An, J. (2023). Cognitive Behavioral Therapy for IPV with Korean
	American Couples. CHESS Research Award.
\$1,500	De Sevilla, C. (2022). Exploring the lived experiences of pregnant grad
	students. CHESS Research Award.
\$375	Triplett, N. (2021). Intrafamilial relational dynamics across permutations
	of the homeschooling family: A family systems perspective. PNW Graduate
	Research Award Grant.
\$2,000	Schulz, E. E. (2020). <i>Mindfulness and sex toys to close the orgasm gap.</i>
	PNW Graduate Research Award Grant.
\$2,000	Palmer, E. (2020). Using the Riso-Hudson Enneagram Type Indicator as a
	predictor of couple and sexual satisfaction. PNW Research Award Grant.

### **Grants Completed Prior to Purdue University Northwest Appointment**

2009-2017 (some of these years as graduate student); 7 awarded for a total of: \$16,095

\$3600	Belous, C. K. [PI] (Awarded, 2017-2018 FY). Current clinical trends,
	experiences, and practices of licensed or certified sex therapists. Faculty Seed
	Grant, Provost's Office, Mercer University.

- **Belous, C. K.** [PI] (Awarded, 2015-2016 FY). *Extension/Resubmission:*Examining characteristics of same-gender couple relationships. Faculty Seed Grant, Provost's Office, Mercer University.
- **Belous, C. K.** [PI] (Awarded, 2014-2015 FY). Examining characteristics of same-gender couple relationships. Faculty Seed Grant, Provost's Office, Mercer University.
- **Belous, C. K.** [PI] (Spring/Summer 2012). *Development of a scale to assess same-gender relationships*. Competitive dissertation fellowship, Department of Human Development and Family Studies, Michigan State University.

- **Belous, C. K.** [PI] (Spring 2011). *Gay male adaptation in the coming out process*. Kenneth E. and Marie J. Corey Research Enrichment Fund Award. College of Social Science, Michigan State University.
- **Belous, C. K.**, [PI] & Wampler, R. [Co-PI] (Spring, 2010). *Out of one closet and into another: Research into gay identity formation*. Dean's Office Research Enrichment Fellowship. College of Social Science, Michigan State University.
- **Belous, C.** [PI] (Spring, 2009). *Student opinion of interactive teaching strategies*. Department of Interdisciplinary Studies, College of Social Science Graduate Assistant Teaching Award Fellowship, Michigan State University.

### Student and Faculty Colleague Mentorship & Service

NOTE: All of the following Student and Faculty Mentoring Service activities occurred at Purdue University Northwest.

### Faculty Colleague, Formal Mentoring Relationship

2024-Present	Briana Roberts, PhD – Adjunct Instructor (LTL) / Supervisor of CFT
2024-Present	Josh L. Boe, PhD – Assistant Professor of Couple & Family Therapy
2024-Present	Oliver Camacho, PhD – Assistant Professor, Counseling Program
2022-Present	Mialauni Griggs, PhD – Assistant Professor of Couple & Family Therapy
2024, Fall	Emma Palmer, MS – Adjunct Instructor (LTL) of CFT
2023-2024	Amanda Brand, PhD – Assistant Professor of Communication
2022-2024	Alyssa Maples, PhD – Assistant Professor of Couple & Family Therapy
2023, Fall	Margaret Kapitan, MS – Adjunct Instructor (LTL) of CFT
2019-2021	Vincent Marasco, PhD – Assistant Professor of Counselor Education

### Student Mentorship as Thesis Chair, Completed/Graduated

### Original Research Track

2025 Brenda Babirye

<u>Culture and sexuality: A qualitative exploration of the sex lives of East African women in the US</u>

2025 Jamie An

<u>How cognitive behavioral therapy is applied effectively for Korean</u> <u>American individuals and couples experiencing situational couple</u> <u>violence</u>

2023 – Awarded \$1,500 CHESS Research Award

2025 Olivia McLeod

<u>Intimate partnership and the gender spectrum: An analysis of gender exploration within queer relationships</u>

2024 – Awarded \$375 PNW Graduate Research Grant

2025 Gabrielle Soe

From stigma to support: How therapists navigate intersectionality of identities and power dynamics

2024 Migdalia Santos

## <u>Critical Consciousness in Couple and Family Therapy: Addressing Discriminatory Trauma in Marginalized Communities</u>

2024 – Awarded \$375 PNW Graduate Research Grant

2024 Hei Tung (Hebe) Fung

Exploring the relationship between attachment style and infidelity: An analysis of contributing factors

2024 Carolina De Sevilla

Exploring the experiences of pregnant graduate students

2023 - Awarded \$750 PNW Graduate Research Grant

2022 - Awarded \$1,500 CHESS Research Award

2024 Jessica Benge

Measuring sexual interest distress

2024 – Awarded \$375 PNW Graduate Research

2023 Delanie Skaja

Interplay between disordered eating, self-esteem, and sexual satisfaction

2021 Nicholas Triplett

Where the Heart Is: The impact of structure and motivation on homeschooling families' functionality and promotion of differentiation-of-self

2021 - Awarded \$375 PNW Graduate Research Grant

Clinical Efficacy Track (Empirical Case Study)

2023 Erin Debono

<u>Developing an Integrated Model for Affirming Couple Therapy with</u> <u>Transitioning Clients: Combining the Satir Model with Gender Affirming</u> <u>Couple Therapy</u>.

Educational and Social/Community Engagement Track (Program Evaluation Research) 2023 Kate Hargadon

<u>Understanding sacred wounds: An introductory training for therapists on LGBTQIA+ religious trauma.</u>

2023 Noah Kinder

<u>Creating a Training Program to Provide Gender-Affirming Care for</u> Transgender Veterans

2023 Vanessa LaRoche

Understanding The Role of Ableism in Higher Education

2023 Kaela Meyer

<u>Before betrayal: Resources for University Students in Instances of Sexual violence</u>

### Student Mentorship as Thesis Chair, In Progress

2025- Ebby Hoffman | Effectiveness of Art Therapy to reduce stress in women 2025- Stephanie Peng | Emotion Regulation & Sex Satisfaction in Relationships

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2024-	Ryan James   Accountability and intrinsic motivation
2024-	Keegan Salisbury   Sex educator and student alignment of identities
2024-	Kaitlyn Shideler   Gaslighting and consent in sexual experiences
Student M	Tentorship as Committee Member, In Progress
2024-	Jenna Gonzalez
2025-	Ronisha Looper
2025-	Gina Marzilli
2025-	Kyleyanna Fitzpatrick
2025-	Rachael Hoffman
Student M	entorship as Committee Member, Completed/Graduated
Origin	al Research Track
2021	Alexia Kingzette
	An exploration of relational therapy practices used with consensually
	nonmonogamous clients.
2021	· · · · · · · · · · · · · · · · · · ·
	Examining Sexual and Relationship Satisfaction as Influenced by the
	Connection Between Sex Positivity and Perceived Discrimination for
2021	Sexual Minority Couples
2021	Sydney Vander Tuin  Lot's Talk about Sex Chilt: The Impact of Religion on Sexual Chilt
	Let's Talk about Sex Guilt: The Impact of Religion on Sexual Guilt, Relationship and Sexual Satisfaction, and Sexual Behavior and Attitudes
	in Women
	2020 – Awarded \$2,000 PNW Graduate Research Award Grant
2020	Phyllis Agyapong
2020	Examining the relationship between parental sex education, religiosity,
	and sex positivity in first- and second-generation African immigrants.
2020	Tori DiBona
	Influence of Pornography Use and Acceptance Typology on Same-Sex
	Couple Relationship and Sexual Satisfaction
2020	Sierra Schiedle (Stein)
	Sexuality on Standbi: Experiences of Bi-Erasure in Different-Gendered
	<u>Relationships</u>
2020	Kristina Fairbanks
	An examination of couple's comfort communicating emotionally charged
	topics as it relates to couple satisfaction and sexual satisfaction
2020	Kaitlyn Gantz
	How social media use determines relationship satisfaction, sexual
2010	satisfaction, and self-esteem
2019	Alexandra Gillespie
	Effects of Pornography Attitudes and Use on Self Esteem, Sexual
	Satisfaction, and Relationship Satisfaction

Ailina Casas | Sexual satisfaction & life satisfaction in older adults

2025-

### 2019 Crystal Neimeyer

<u>Number of Sexual Partners Predicting Self-Esteem, Sexual Satisfaction, and Sexual Self-Efficacy</u>

### External to PNW Experience of Mentorship / Service on Graduate Committees

2023, Aug. Caitlyn Burns, PhD

Graduate from: Antioch University New England, Doctoral Program

in Couple & Family Therapy

Dissertation Title: Relationship Goals: How Do Relational Therapists

<u>Conceptualize Cases and Treatment Plan When</u> Working With Consensually Non-Monogamous

Clients?

### **Invited Presentation on Mentoring**

April, 2019 Begley, L., & Belous, C. The supervision/mentoring experience – A panel

→ Invited to discuss the supervision mentoring experience with a current mentee for the PNW Days of Discovery local research conference.

### **Teaching Experience & Credentials**

Teaching Certifications & Professional Development

ACUE 2020 Certificate in Effective Teaching Practices; ACE-ACUE CCT 2009 Certificate in College Teaching, Social Sciences; MSU

### Courses Taught at Purdue University Northwest

*Note:* My administrative assignments afford .50 FTE course release (2 courses) per semester for Clinical Director from Fall 2018 to Spring 2022, and .25 FTE course release per semester for Program Director in Spring 2022. From Summer 2022-onward, I am on a 12-month 1.0 FTE contract, with a maximum teaching load of 4 courses split between Fall and Spring Semesters (no minimum and can be 0 based on administrative or program need), with optional summer.

CFT 69700 Research Analysis in Couple & Family Therapy

CFT 69800 Thesis in Couple & Family Therapy

CFT 64700 Topical Issues in Couple & Family Therapy

CFT 63000 Ethics & Professional Identity for Couple & Family Therapists

CFT 59000 Special Problems in Couple & Family Therapy (Independent Study)

CFT 60000 Basic Skills in Systemic Therapy

CFT 67500 Practicum in Couple & Family Therapy

CDFS 64500 Couples & Sex Therapy

CDFS 68100 Psychopathology & Behavior Disorders

CDFS 66900 Practicum in MFT

CDFS 69800 Research in MS Thesis

HDFS 34601 Sexuality, Intimacy, and Family Life (Undergraduate)

### Courses Taught at Mercer University (2013-2018)

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Assessment & Diagnosis in Family Therapy

Couples Therapy (New Curriculum Design)

Couples & Sex Therapy

Family Research Methods

Foundations in Family Studies

Human Sexuality (New Curriculum Design)

Methods of Family Therapy

Practicum I (Pre-Practicum)

Practicum in Family Therapy

Family Systems Tutorial (Neuro Unit, Med School)

### Courses Taught at the University of Akron (2012-2013)

Pre-Practicum in MFT

Internship in MFT

Practicum in MFT

Marital Therapy

Issues in Sexuality for Counselors

Tests and Appraisals in Counseling

### Courses Taught at Michigan State University (2007-2012)

As instructor of Record:

The Individual, Marriage, and the Family (3 Times; Online, 50+)

Individual Development over the Lifespan (2 Times; Large Lecture 200+)

### As Graduate Teaching Assistant:

Family Ecology in Global Perspective (8 Times, Large Lecture 200+)

### **Clinical Experience Outside of Academic-Experiential Appointments**

NPI Number: 1710317615

Clinical Positions/Paid Employment

### Private Practice in Hammond, IN (Including Telehealth Options)

Therapist, Supervisor, Consultant and Educator, June 2018 – Present

- Provide therapy services to underserved populations
- Supervision and Consultation Services for those seeking licensure as a Marriage and Family Therapist, or beginning practices/agencies that need help with documentation, business systems or technology

### Private Practice in Atlanta, GA

Consultant, Educator, and Supervisor, August 2014 – July 2018

- Provide clinical supervision toward therapists seeking full license in Georgia
- Provide supervision mentorship for those seeking Approved Supervisor status with the American Association for Marriage and Family Therapy,
- Provide community-based training, consultation, and educational events related to therapy, business, and practice management

# Abbott Road Center for the Family, Private Practice in East Lansing MI *Independent Therapist*, January 2010 – December 2010

- Set up private practice, under supervision of LMFT and Psychologist
- Provided psychotherapy, evaluation, and psychoeducation to a variety of clients

Practicum/Internship & Clinical Administrative Appointments while a Student

### MSU Couple and Family Therapy Clinic @ Michigan State University Supervisor-in-Training, August 2010 – August, 2012

- Supervised beginning doctoral students in a mentoring capacity
- Oversaw and supervised live cases, provided individual and group supervision *Couple and Family Therapy Clinic Coordinator*, May 2010 May 2012
- Responsible for the general day-to-day running of a student clinic
- Primary responsibility for: Intakes, budgeting, supervision of interns, payables and receivables, scheduling, marketing, technology, and database administration

Therapist, August 2007 – August 2011

- Provided individual, couple and family therapy to a diverse set of clients
- Supervised by AAMFT Approved Supervisors

Families in Transition Program Coordinator, August 2009 – May 2010

- Responsible for management of multiple governmental contracts and billing for therapy services
- Updated/created research database, assessment system and intake paperwork

### Specialized Clinical Training

\*Note – for the Gottman Method Couples Therapy Training Programs listed below, I additionally sponsor/audit and proctor Level 1 and 2 trainings every other year through the University Outreach Program at Purdue University Northwest.

Gottman Method Couples Therapy (Level 2)	6/10/16-6/25/16
University Outreach Training Program	
Gottman Method Couples Therapy (Level 1)	1/16/15-1/17/15
Vagdevi Meunier, PsyD	
Intermediate Sand Tray Therapy	6/28/13-6/29/13
Cynthia Reynolds, PhD, LP, PCC-S, RPT-S	
Introduction to Sand Tray Therapy	5/31/13
Cynthia Reynolds, PhD, LP, PCC-S, RPT-S	
Sand Tray Therapy: Beginning and Advanced Treatment Issues	4/13/12
Linda Homeyer, PhD, LPC, RPT-S	
PREPARE/ENRICH Program Certified	10/28/11
Nick Phillips, DMin, LLMFT	
Couple Communication Program (Collaborative Marriage Skills)	4/9/11 & 4/16/11
Michael Whitehead, MS, LMFT & A. Rocio Escobar-Chew, MA LMFT	

Specialized Clinical Certification

CGAT 2012 Certificate in LGBT Affirmative Psychotherapy; AAMFT-CA

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### Historical Record of License

<b>IMFT</b>	2013-2015	Independent Marriage and Family Therapist, Ohio (#F.1300001)
<b>LMFT</b>	2011-2014*	Licensed Marriage and Family Therapist, Michigan (#4101006426)
		*Upgraded from Associate License, 2009-2011

Engagement		
Memberships		
	College of Sexual & Relationship Therapists (International Organization)	
	American Association for Sex Educators, Counselors, and Therapists	
2009-Present	National Council on Family Relations	
2007-Present	American Association for Marriage and Family Therapy – Clinical Fellow	
2015-2016	Society for the Scientific Study of Sexuality	
2012-2014	American Counseling Association	
National Offices Held	l/Appointments in National Organizations	
	sociation of Sex Educators, Counselors & Therapists	
2023-Present	Annual Conference Chair	
2021-2024	Lead, Fundraising & Development Committee (Designed and created	
	committee within Treasurer's Office)	
2020-2024	Treasurer (Executive Board; includes chairing the Finance Committee and	
	the Fundraising & Development Committee, along with serving on several	
	Executive Level Committees). Initially elected by membership in 2020,	
	re-elected in 2022; 2-year terms.	
2020-2024	Member, Personnel Committee	
2020-2022	Lead, Section 6 Strategic Planning Task Force Committee	
American Ass	sociation for Marriage & Family Therapy	
2021-2022	Past Chair, Couple and Intimate Relationships (Interest Network)	
2021, 2022	Graphic Designer/Copyeditor for Queer & Trans Advocacy Network	
	Annual Conference	
2018-2020	Chair (Founding), Couple and Intimate Relationships (Interest Network)	
2018-2020	Treasurer (Founding), Queer and Trans Advocacy Network	
Commission of	on Accreditation for Marriage & Family Therapy Education	
2021-Present	Accreditation Reviewer	
2017-Present	Site Visitor	
2016-2017	Member, Standards Review Committee	

### Editorial Board Membership & Editorships

2021-Present Sexual and Relationship Therapy | Clinical Reviews Editor 2015-Present Journal of Marital and Family Therapy American Journal of Family Therapy 2017-2022

### Ad Hoc Referee Experience

	ournal of Couple & Relationship Therapy
2018-Present A	Abstract Reviewer, AASECT National Conference
2015-Present J	ournal of Bisexuality
2015-Present $J_0$	ournal of Sex & Marital Therapy
	ournal of GLBT Family Studies
2013-Present F	
	ournal of Family Theory and Review
	Abstract reviewer, Family Therapy section of NCFR National conference
	Abstract reviewer, AAMFT National Conference
2013-2014 J	ournal of Marital and Family Therapy
Community Engagemen	nt
	ecretary, Board of Directors, Center for Justice and Post-Exoneration
2022-2024 3	Assistance
2021-2024 S	ecretary, Board of Directors, Willie T. Donald Exoneration Advisory  Coalition
Danda a University New	hwast
Purdue University North	
University Servi	
2024, Summ	rer Chair, Search Committee for Visiting Faculty (Open Rank), Counseling – 2 Positions
2024, Spring	<del>_</del>
202 i, spring	Programs (1 Successful hire)
2023-2024	Member, Advisory Committee for the Women's, Gender, and
2023-2024	Sexuality Studies Program
2022 E-11	
2023, Fall	Member, School of Education and Counseling Primary Committee
2022 2022	for Tenure and Promotion
2022-2023	Member, One Book One University Committee
2022, Spring	Member, Search Committee for Associate Dean of Professional Programs & Director – School of Education and Counseling (1 Successful hire)
2022, Spring	Member, Search Committee for Project Coordinator, Center for
, 1	Justice and Post-Exoneration Assistance (1 Successful hire)
2019-2022	Voting Member, Graduate Council
2021 G	*Representing all of Purdue University Northwest
2021, Spring	•
2020, Summ	
2020, Spring	BHS Representative, CHESS Faculty Council *Served on the Budget Advisory Committee
2020, Spring	- · · · · · · · · · · · · · · · · · · ·
2019, Spring	•
Denartment of R	Behavioral Sciences Service
2023-2024	Chair, Search Committee for Tenure Track Assistant/Associate
2023-2024	
2022 2022	Professor of Couple & Family Therapy (2 Successful hires)
2022-2023	Co-Chair, Budget Advisory Committee
2022-2023	Chair, Primary (BHS) Committee – Tenure & Promotion

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2022-2023	Chair, Search Committee for Post-Doctoral Scholar of Couple & Family Therapy (1 Successful hire)
2022-2023	Chair, Search Committee for Tenure Track Assistant Professor of Couple & Family Therapy (1 Successful hire)
2022, Summer	Chair, Search Committee for Visiting Instructor (AY22-23), Couple & Family Therapy (1 Successful hire)
2022, Summer	Chair, Search Committee for Visiting Assistant Professor (AY 22-23) of Couple & Family Therapy (1 Successful hire)
2022, Spring	Chair, Search Committee for Administrative Assistant for Graduate Programs and Services, Couple & Family Therapy (1
2020-2021	Successful hire)  Member PHS CET Administrative Assistant Search Committee (1)
2020-2021	Member, BHS-CFT Administrative Assistant Search Committee (1 Successful hire)
2020-2021	Member, Criminal Justice Open Rank Faculty Search Committee (1 Successful hire)
2019-2020	Co-Chair, Department of Behavioral Sciences Tenure and Promotion Supplementary Guidelines Development Committee
2019-2020	Chair, Tenure Review (BHS-Primary) Committee
2018-2019	Member, MFT Assistant Professor Faculty Search Committee (1 Successful hire)
↓ Long term/conf	tinuing committee membership below
2022-Present	Chair, CFT Graduate Program Admissions Committee
2018-Present	Member, Primary (BHS) Committee – Tenure & Promotion
2018-Present	Member, Human Development & Family Studies Undergraduate Program Faculty Committee
2018-2021	Member, CFT Graduate Program Admissions Committee
niversity - Atlanta	
partmental Service	
2016-2018	Member, Program Restructuring Committee
2015 2010	

### Mercer Uni

### Dep

2010-2010	Welliber, I rogram Restructuring Committee
2015-2018	Member, Curriculum Committee
2014-2018	Advisor/Faculty Sponsor, Graduate Student Organization
2017, Fall	Member, Faculty Hiring Committee (2 positions)
2014, Spring	Member, Faculty Hiring Committee
2014, Spring	Member, Program Director Hiring Committee
2014, Spring	Chief Statistician, COAMFTE Reaccreditation Team

### University of Akron

### Departmental Service

2013, Spring Paperwork Re-Standardization Committee (ad-hoc)

2013, Spring Re-organized and structured clinical files for Marriage and Family

Counseling/Therapy students

2013, Spring Redesigned and implemented a new hours-tracking system

### Michigan State University

Department of Human Development and Family Studies - Service

2012, Spring	Graduate Assistant to the Chair
2010-2011	Website Redevelopment Committee, Couple and Family Therapy
	Clinic Representative and Content Manager.
2010, Fall	Certification in College Teaching and the Certified Family Life
	Educator credential.
	*Workshop presented to MSU HDFS departmental TA/RA's.
2010, Fall	Teaching assistant training.
	*Workshop for all teaching assistants in the MSU HDFS department.
2009, Fall	Poster formatting workshop.
	*Training workshop for faculty, students and staff on how to format and create
	posters for professional presentations.

### **Honors and Awards**

Purdue University Northwest

Nominated for Outstanding Faculty Award in Teaching
Named "Lionhearted Leader" by nomination of Department Chair

Michigan State University

2009 Teaching Assistant Excellence Award

Michigan State University College of Social Sciences, Interdisciplinary Studies Program

2009 Named as an "Influential TA," based on survey of dormitory students

Michigan State University Department of Residence Life

### Community Service Education, Presentations & Volunteer Experience

Drag Show Host & Moderator

Fall 2022

Purdue University Northwest, Student Life

Comprehensive Sex Education Developer & Facilitator Hess Academy (Atlanta, GA); 6<sup>th</sup>-8<sup>th</sup> Grade

Spring, 2015 & 2017

### **Public Media Appearances, Interviews, or Invited Speaking Engagements (Examples)**

**Television** 

The Roundtable Perspective. (Episode 810, May 2, 2025). *Sex positivity and sex education* [Television broadcast]. Hammond, IN: Purdue University Northwest. <a href="https://www.youtube.com/watch?v=uZfB\_7LjCGo">https://www.youtube.com/watch?v=uZfB\_7LjCGo</a>

### **Podcasts**

Candid Conversations. (2022). Sexuality and women's issues. Season 1, Episode 1. Coappearance with Lisa Adkins. Hosted by Lavada Taylor, PhD & Charlene Benoit. Audio/Video Cast.

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- One of us is Right. (2022). Enthusiastic consent in sexual relations and beyond with Dr. Christopher Belous. Season 1, Episode 7. Audio Podcast. <a href="https://open.spotify.com/episode/50CSyiPYelk0udxCdIFJnI?si=a9e373754e01456a">https://open.spotify.com/episode/50CSyiPYelk0udxCdIFJnI?si=a9e373754e01456a</a>
- Purdue Northwest Today with Richard Rupp. *PNW Couple and Family Therapy Center: Educating students, serving the community.* (2021, January 21). WJOB 1230 AM.
  Radio Talk Show. <a href="https://fb.watch/39nM\_Uo5j2/">https://fb.watch/39nM\_Uo5j2/</a>
- AAMFT Podcast with Eli Karam, PhD. (Episode 41, 2020). *Christopher K. Belous, Couples and Intimate Relationships TIN*. Audio podcast.

  <a href="https://www.aamft.org/podcast">https://www.aamft.org/podcast</a> or

  <a href="https://media.rss.com/aamft/20201111\_213931\_477d64524057e86172c1aba7a7e8f1d">https://media.rss.com/aamft/20201111\_213931\_477d64524057e86172c1aba7a7e8f1d</a>
  3.mp3
- Better Sex Podcast with Jessa Zimmerman. (2020, April 2). *Coming out and non-heterosexual identity development*. Audio podcast. Available at <a href="https://www.bettersexpodcast.com/118">www.bettersexpodcast.com/118</a>
- Shenanigans & Shea Butter (2019, September 18). *Sex Talk w/ Dr. B.* Audio podcast. Available at <a href="https://podcasts.apple.com/us/podcast/id1478035332">https://podcasts.apple.com/us/podcast/id1478035332</a>

Print or Online Dialogue - Interviewed or Quoted in:

Devereaux, M. (2020, February 14). *Safe and pleasurable LGBTQ+ sex, as told by experts*. Available online at <a href="https://columbiachronicle.com/safe-and-pleasurable-lgbtq-sex-astold-by-experts">https://columbiachronicle.com/safe-and-pleasurable-lgbtq-sex-astold-by-experts</a>

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