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Counseling & Professional Education
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GENERAL INFORMATION

Educational Background

Psy.D.	1998	Illinois School of Professional Psychology/Chicago Campus
M.S.	1985	Ball State University
B.S.	1982	Ball State University

Purdue University Northwest Experience

2018-present	Field Experience Coordinator for Counseling & Professional Education
2003	Associate Professor of Education
2004-present	Program Coordinator for Counseling & Professional Education
1998	Assistant Professor of Education
1996-1997	Visiting Instructor in Behavioral Sciences (taught 3 classes per semester) and Academic Advisor for the School of Liberal Arts and Sciences
1994-1996	Guest Lecturer in Behavioral Sciences (taught 3 classes per semester) and Academic Advisor for the School of Liberal Arts and Sciences

Non-Purdue University Northwest Professional Experience

1998-present	Counselor in private practice Chesterton, IN (Specialty: Health Psychology)
1997-1998	Pre-doctoral Internship William Rainey Harper College, Palatine, IL
1985-1994	Teacher of Students with Multiple Disabilities Mullen Elementary School, Michigan City, IN

Licenses/Certifications

Indiana Licensed Mental Health Counselor (LMHC)
National Certified Counselor (NCC)
Indiana Life Teaching License (K-12)

Membership in Academic, Professional, and Scholarly Societies

Indiana Counseling Association
American School Counseling Association (ASCA)
American Counseling Association (ACA)
Association for Counselor Education and Supervision (ACES)
Chi Sigma Iota, Psi Upsilon Chi Chapter. Scholastic Excellence in Counseling

Courses Taught While at Purdue University Northwest

Counseling and Psychopathology
Counseling Multicultural and Diverse Populations
Theories and Techniques of Counseling
Human Growth and Development
Ethics and Professional Identity for Mental Health Counselors
Program Development/Ethics/Consultation
The Culture of Psychology (taught in Vienna, Austria)
Introduction to Tests and Measurement
Current Topics in School Counseling
Practicum in Counseling
Internship in Counseling
Seminar: Abuse
Seminar: Health Psychology
Multicultural Education
Psychology of Learning
Learning Disabilities and Mild Mental Retardation
Severely Emotionally Handicapped Individual: Historical Perspectives, Etiology, and Characteristics

Refereed Publications

- Didelot, M.J., Hollingsworth, L.A., & Fioni, D. (2017). The Addicted Adolescent: A Matter of Emptiness. *Humanities and Social Science Review*, 7(2), n.p.
- Didelot, M.J., & Hollingsworth, L.A. (2013). Compassion Fatigue in family members of individuals with addictions: A path to renewed meaning. *International Journal of Arts & Sciences* 6(2), pp. 603-13.
- Didelot, M.J., Hollingsworth, L.A., & Buckenmeyer, J.A. (2012). Internet addiction: A Logotherapeutic approach. *Journal of Addictions & Offender Counseling*, 33, 18-32.
- Hollingsworth, L.A., Didelot, M.J., & Levington, C. (2006). Spiritual restoration after trauma: Art and metaphor. *Journal of Clinical Activities, Assignments & Handouts in Psychotherapy Practice*. Vol. 2.
- Didelot, M.J., Frampton, P., & Hollingsworth, L.A. (2003). Professional development: A Vygotskian analysis of best practice for program consideration. *Continuous Improvement Monitor*, 2(1), 1-28.
- Hollingsworth, L.A., & Didelot, M.J. (2003). Transpersonal therapy: Accessing the faith factor for people with disabilities. *Journal of Religion, Disability and Health*, 6(4), 31-48.
- Hollingsworth, L.A., Didelot, M.J., & Smith, J.O. (2003). REACH beyond tolerance: A framework for teaching empathy and responsibility. *The Journal of Humanistic Counseling, Education and Development*, 42, 139-151.
- Hollingsworth, L.A., Didelot, M.J., & Levington, C. (2002). Post-Polio Syndrome: Psychological and physical adjustment to disability. *Issues in Mental Health*

Nursing, 20, 1-36.

Didelot, M.J., & Hollingsworth, L.A. (1994). Test anxiety in female adult learners enrolled in community colleges. *The Journal. American Association for Women in Community Colleges, 21, 15-19.*

Refereed Book Chapters Published

Didelot, M.J., & Hollingsworth, L.A. (2008). Chapter 17: Logotherapy as a spiritual framework for working with people with acquired disabilities. In Sandhu, D. (Ed.). *Spirituality as the fifth force: Implications for practice, research, and training.* VA: American Counseling Association.

Hollingsworth, L.A., Didelot, M.J., & Levington, C. (2007). Chapter 23: Using art and metaphor in spiritual restoration after trauma. In Hecker, L.L. & Sori, C.F. (Eds.). *The therapist's notebook. Vol. 2.* NY: Haworth Press.

Didelot, M.J., & Hollingsworth, L.A. (2004). Chapter 4. Standard 4: Finding and utilizing funds of knowledge: Collaboration revisited. In Frampton, P., Balch, B., & Hirth, M. (Eds.). *Preparing a professional portfolio: A guide for school administrators.* Boston, MA: Allyn, Bacon, Longman, & Pearson.

The following five chapters are published in J. Whitman & C. Boyd (Eds.), (Winter, 2003), *The therapist's notebook for lesbian, gay, and bisexual clients: Homework, handouts, and activities for use in psychotherapy.* NY: Haworth Press. The chapters are all original applications of research conducted by Hollingsworth, L.A., & Didelot, M.J.

- Choosing a partner (pp. 97-100)
- Financial stability within the lesbian relationship (pp. 92-96)
- The balancing act: Two lesbian moms (pp. 244-248)
- Coming out of marriage: Developing an emerging gay, lesbian, or bisexual identity (pp. 50-55)
- Out in the workplace: A cost-benefit view (pp. 268-274)

Refereed Presentations/National and Regional Conference

Didelot, M.J. & Hollingsworth, L.A. (2018). *Refuting negativity in addictions: "Hitting Bottom" as myth.* Paper presented at the International Conference for Social Sciences and Humanities: Munich, Germany.

Didelot, M.J., Hollingsworth, L.A., & Fioni, D. (2017). *The Addicted Adolescent: A Matter of Emptiness.* Paper presented at the International Journal of Arts Sciences: *Harvard Medical School, Boston, MA.*

Hollingsworth, L.A., & Didelot, M.J. (2015). *Hardwiring joy from meaning During the moments of clarity in addictions.* Paper presented at the Anglo-American Conference for Academic Disciplines, London, England.

Didelot, M.J., & Hollingsworth, L.A. (2015). *Reaching clarity in addictions: At the intersection of Kubler-Ross and Frankl.* Paper presented at the Hawaii International Conference on Education, Honolulu, HI.

- Didelot, M.J., & Hollingsworth, L.A. (2014). *Reaching clarity in addictions: At the intersection of Kubler-Ross and Frankl*. Paper presented at the International Conference for Academic Disciplines, Barcelona, Spain.
- Didelot, M.J., & Hollingsworth, L.A. (2013). *Compassion fatigue in family members of individuals with addictions*. Paper presented at the International Conference for Academic Disciplines, Paris, France.
- Didelot, M.J., & Hollingsworth, L.A. (2012). *Logotherapy as a spiritual framework for working with individuals with acquired disabilities*. Paper presented at the Hawaii International Conference on Education, Honolulu, HI.
- Didelot, M.J., & Hollingsworth, L.A. (2011). *The art of healing: A metaphor of self*. Paper presented at the Hawaii International Conference on Education, Honolulu, HI.
- Didelot, M.J., & Hollingsworth, L.A. (2009). *Internet addiction: Toward a new understanding of emptiness*. Paper presented at the American Counseling Association Conference, Charlotte, NC.
- Didelot, M.J., & Hollingsworth, L. (2008). *Dr. Eleanore Schwindt Frankl: A quintessential model for disrespecting oppression*. Paper presented at the Association of Women in Psychology Annual Conference, San Diego, CA.
- Hollingsworth, L.A., & Didelot, M.J. (2007). *Art and metaphor: A new approach to trauma treatment*. Paper presented at the Association of Women in Psychology Annual Conference, San Francisco, CA.
- Hollingsworth, L.A., & Didelot, M.J. (2006). *Logotherapy: An existential approach to working with diverse families dealing with terminal illness*. Paper presented at the American Counseling Association/Canadian Counseling Association Conference, Montreal, Quebec, Canada.
- Hollingsworth, L.A., & Didelot, M.J. (2005). *Illness: The redefinition of self and relationships*. Paper presented at the Global Conference on Making Sense of: Health, Illness, and Disease, Mansfield College, Oxford University, Oxford, England, UK.
- Hollingsworth, L.A., & Didelot, M.J. (2005). *Transcending shame: An existential path to lesbian empowerment*. Paper presented at the Association of Women in Psychology Conference, Tampa, FL.
- Didelot, M., & Hollingsworth, L. (2005). *Spiritual healing through art and metaphor: life after trauma*. Paper accepted for presentation by the Association of Traumatic Stress Specialists Conference, Dallas, TX.
- Didelot, M.J., Hollingsworth, L.A., & Levington, C. (2004, March). *Spiritual restoration after trauma: Art and metaphor*. Paper presented at the American Counseling Association National Conference, Kansas City, MO.

- Hollingsworth, L.A., & Didelot, M.J. (2003, March). *REACH beyond tolerance: A framework for teaching empathy and responsibility*. Paper presented at the American Counseling Association National Conference, Anaheim, CA.
- Hollingsworth, L.A., & Didelot, M.J. (2002, March). *A transpersonal approach to therapy and rehabilitation for women with disabilities*. Paper presented at the American Counseling Association National Conference, New Orleans, LA.
- Boyd, C., Whitman, J., Hollingsworth, L.A., Didelot, M.J., Noffsinger, N., Raina, K., Shulman, J., Addison, S., Brown, M., & Astramovich, R. (2002, March). *Counseling lesbians, gays, and bisexual clients: Exercises that enliven treatment*. Paper presented at the American Counseling Association National Conference, New Orleans, LA.
- Hollingsworth, L.A., & Didelot, M.J. (2001, March). *Healing the body and spirit: Addressing the stages of psychological adjustment to disability and the fear associated with Post-Polio Syndrome in women*. Paper presented at the Association for Women in Psychology Conference, Los Angeles, CA.
- Hollingsworth, L.A., & Didelot, M.J. (2000, March). *Spiritual empowerment for women with disabilities*. Paper presented at the American Counseling Association National Conference, Washington, D.C.
- Whitman, J.S., Verduzco, M., Davey, M., Hartman, K., Gelso, R., Alford Keating, P., Didelot, M., Hollingsworth, L., & Pramuk, P. (1999, February). *You want to do what? The ups and downs in the development and implementation of a mentoring program for gay, lesbian, bisexual, and transgender students on a Midwest campus*. Paper presented at the Midwest Bisexual Lesbian Gay Transgender College Conference, Madison, WI.
- Hollingsworth, L., & Didelot, M. (1999, January). *The successful lifelong learners: The creative technocrats*. Paper presented at the North American Conference on the Learning Paradigm, San Diego, CA.
- Hollingsworth, L., & Howe, A. (1998, February). *Career placement strategies for gay, lesbian, and bisexual students*. Paper presented at the Midwest Bisexual Lesbian Gay Transgender College Conference, Chicago, IL.

Refereed Presentations/ Local Conferences

- Hollingsworth, L.A. & Didelot, M.J. (2001). *Post-Polio Syndrome in women: The redefinition of self and acceptance*. Presentation at the Valparaiso University Women's Conference, Valparaiso, IN.

Invited Presentations/Local

- Hollingsworth, L. A. (2007). *Social Stigma and Mental Health*. Presentation to Purdue University Calumet's COM 371: Health Communications, Hammond, IN.

- Buckenmeyer, J., Degges-White, S., Didelot, M., Mott, M., & Hollingsworth, L. (2004). *Support for untenured faculty in the promotion and tenure process*. Purdue

University Calumet Professional Development Support Group, Hammond, IN.

Hollingsworth, L. A., & Didelot, M. J. (2001). *Mental health and social stigma*. Presentation to Purdue University Calumet's COM 371: Health Communications, Hammond, IN.

Local Presentations

Hollingsworth, L.A. & Didelot, M.J. *Healing the body and spirit: Addressing the stages of psychological adjustment to disability and the fear associated with Post-Polio Syndrome in women*. A poster presentation at Purdue University Calumet's Celebrating the Diversity of Faculty Scholarship on January 30-31, 2001.

In Progress

Hollingsworth, L.A., & Didelot, M.J. (2019). Hypenogyphobia: A valuable asset in addictions counseling. *Journal of Addictions & Offender Counseling*.

Assessment

CACREP: Assessment Co-Chair for Counseling & Professional Programs: 2010-2019

CAEP: Member of Assessment Committee: 2014-2018

SRA: Co-Chair for Counseling & Professional Programs: 2018-19

HLC: Member, Graduate Studies in Education, 2016-17

University Service

- Health Services Advisory Board (2007-2008)
- University Senate (2004-2007)
- Faculty Affairs (2004-2007)
- University Faculty Grievance Committee: Member, 2000-2003
- Purdue University Calumet Diversity Steering Committee: Member, 2001-2004
- Search committee for the Director of the Counseling Center: Member, 2002
- Who's Who in American Colleges Selection Committee: Member, 2002 and 2005
- Diversity Presentation at the Student Services Retreat: Presenter, 2000
- Student Services Retention Project: Member, 2000
- Gay, Lesbian, Bisexual and Transgender Mentoring Program: Mentor, 1998-2003
- Faculty sponsor for the Theta Phi Alpha philanthropic sorority, 1999-2000

School Service

- Member of Leadership Team, School of Education and Counseling, 2016-2019

- Chair, Search Committee for Tenure-Track Faculty in Clinical Mental Health Counseling, 2018-2019
- Chair, Search Committee for Tenure-Track Faculty in School Counseling, 2018-2019
- Revision Counseling & Professional Education Program to meet 2016 CACREP Standards, 2016-2019.
- School of Education & Counseling Committee Search for Assistant Professor of Education, Member, 2016
- School of Education & Counseling Search for Director of the School of Education & Counseling, 2016
- School of Education Search Committee for Clinical Assistant Professor in School Counseling, Chair 2008
- School of Education Search Committee for Visiting Professor in School Counseling, Chair 2007
- Graduate Studies Mentoring Group, Chair 2007-present
- School Counseling Advisory Board Chair, 2005-present
- School of Education Professional Development Support Group, Chair 2005-2007
- School of Education Diversity Committee: Co-chair 2002-2003; Co-Chair 2006-2008, Member, 2000-2001 and 2003-2006
- Facilitated, along with MCHASA, the Multidimensional Counseling Interventions Conference (August 5, 2005)--provided opportunities for mental health counselors, school counselors, marriage and family therapists, social workers, and students in counseling, psychology and sociology to obtain professional development; CEU's and CRU's were offered; we drew participants from Indianapolis up through NWI
- School of Education Assessment Committee: Member, 2002-2004
- Graduate Studies Assessment Committee: Member 2004-present
- School of Education Faculty Search Committees: Member, 2000, 2001, 2002
- School of Education Faculty Search Committee: Co-chair, 2001
- School of Education NCATE Governance Committee: Member, 2000-2001
- Portfolio Handbook Committee: Member, 2000
- Faculty Development Committee: Member, 1999-2000
- School of Education Curriculum Advisory Committee (ad hoc): Member, 1998-2000

Service to Other University Departments

- Member of Thesis Committee for Graduate Student in Marriage and Family Therapy Program, Sophia Treyger (2006-2007)
- Member of graduate student's comprehensive exam committee for the Department of Communications, Shalanda Holmes. Exam questions concerned the representation of diverse populations in the mass media and the reinforcement of stereotypes in society. (Spring, 2001)
- Presentation to Barbara Osmon's undergraduate psychology seminar in Behavioral Sciences: *Clinical Psychology: Requirements of the degree and career options.* (Fall, 2001)

Professional Service and Community Service

- Providing low-cost and free counseling for individuals who cannot otherwise afford therapy within a private practice setting (1999-present)

- The Advisory Board for Psychological Services at William Rainey Harper College, Palatine, IL: Member, 2001 to 2007.
- Program Review Team for Psychological and Health Services at William Rainey Harper College in Palatine, IL.: Member, Dec. 2000 The program review included assessing strengths and needs of the Health and Psychological Services program and writing an evaluation and recommendations for the Illinois Community College Board.