

Curriculum Vitae

Mialauni Griggs, LMFT

Olympia Fields, IL (773) 726-7497 mialauni.griggs@gmail.com

Education

Adler University 2023 (anticipated)

PhD in Couple and Family Therapy (COAMFTE)

Dissertation: TBD

Purdue University Northwest 2019

M.S. in Child Development and Family Studies (COAMFTE)

Concentration: Marriage and Family Therapy

Thesis: Impact of Religiosity and Spirituality on Sexual Attitudes and Sexual Self-Schemas in African Americans Who Grew Up in the Black Church

Purdue University Calumet 2016

B.A. in Psychology

Minor: Sociology

Licenses

Licensed Marriage and Family Therapist (Illinois) 2020

Licensed Marriage and Family Therapist (Indiana - Pending) 2019

Clinical Experience

Relationship Reality 312 2020

Marriage and Family Therapist

Conducts therapy sessions for individuals, couples, and families dealing with depression, anxiety, sexual issues, intimacy issues, and conflict resolution

Center of Relational Empowerment (CORE) 2020

Marriage and Family Therapist

- Conducted therapy sessions for individuals, couples, and families dealing with depression, anxiety, sexual issues, intimacy issues, and conflict resolution
- Managed insurance and billing submissions

Pillars of Wellness

Marriage and Family Therapist

2019

- Conducted therapy sessions for individuals, couples, and families dealing with depression, anxiety, sexual issues, intimacy issues, and conflict resolution
- Administered and evaluated mental health assessments

UCAN (Uhlich Children's Home) Chicago

2019

Youth Development Coach

- Demonstrated supportive behavior and role models positive appropriate interactions including assisting participants with becoming involved in positive out-of-school time activities such as tutoring, counseling, employment, and recreation
- Coordinated and facilitated activities for workshops and groups for program participants, assists participants with setting and completing individual goals.

UCAN (Uhlich Children's Home) Chicago

2018

Therapist Intern

Conducted outpatient therapy sessions for youth and families dealing with complex trauma, provided therapeutic services for minors in the care of the Department of Child and Family Services, created individualized treatment plans, administered and evaluated mental health assessments, composed detailed case notes

Couple and Family Therapy Center

2017

Therapist Intern

Conducted therapy sessions, administered and evaluated mental health assessments, composed detailed case notes

Dr. Robert Coyle, Clinical Psychologist 2014

Intern

Managed appointments, observed counseling sessions and testing procedures

Teaching Experience

Purdue University Northwest 2016

Teaching Assistant for Field Experience in Human Services (HDFS34600)

Administered all grades, tracked students' field experience hours, delivered occasional lectures

Professional Experience

Adler University 2022

BIPOC Support Group Facilitator

Lead and facilitate support group catered to BIPOC graduate students

Adler University 2022

ACFT Vice President

Assist and support President of Association of Couple and Family Therapy with planning of social and service events to the community. Facilitates correspondence between faculty and students regarding academic concerns within the program

City of Hammond – Department of Community Development 2016

Program Assistant

Assisted in coordinating city events and programs

Hammond Development Corporation 2014

Office Assistant

Organized classes and events, check processing, filing, social media advertisements

YMCA – Hammond Branch 2013

Intern

Supervised children and administered informative tours of facility and its operations.
Organized classes and events, check processing, filing, social media advertisement

Imagine a Better Tomorrow Foundation 2011

Coordinator

Coordinated and organized back-to-school drives, educational classes, and resources

Supervisory Experience

Adler University 2021

Supervisor-in-Training

Provides both individual and group supervision to master's level Couple and Family
Therapy students in training

Service to Community

Fathers and Blessings 2021

Intern

Developed substance abuse programming for families struggling with substance use
disorders

Social Justice Practicum 2020

Intern

Held a presentation addressing the value of practicing from a social justice lens in clinical
work

Professional Presentations

Murphy, M., Martin, R., & **Griggs, M.** (2018, November). *Conflict resolution begins at home*. Workshop presented at Purdue University Northwest for the Hammond Rotary Club.

Griggs, M. (2018, March). *Superwoman syndrome: A narrative approach to treating depression in African American women.* Poster presented at Purdue University Northwest for Days of Discovery.

Gyden, K., **Griggs, M.** & Gillespie, A., (2018). *Understanding child-rearing practices of African American parents: A guide for non-Black clinicians in addressing discipline.* Poster presented at Purdue University Northwest for Days of Discovery.

Griggs, M., Mack, B., & Sullivan, M. (2017). *Acceptance and sex therapy for couples with disabilities and chronic illnesses.* Poster presented at the Indiana Association for Marriage and Family Therapy Conference. Indianapolis, IN.

Griggs, M. Gyden, K. (2017). *Solution-focused therapy and sex addiction.* Poster presented at the Indiana Association for Marriage and Family Therapy Conference. Indianapolis, IN.

Griggs, M., Wright, B. (2016). *Neurological impacts of concussions.* Poster presented at the Woodmar Kiwanis Club in Hammond, IN.

Griggs, M., Wright, B. (2015). *Neurological impacts of concussions.* Poster presented at Donald E. Gavitt High School in Hammond, IN.

Memberships

American Association of Sexuality Educators, Counselors, and Therapist – Student Member	2021
National Council on Family Relations – Student Member	2021
Indiana Association for Marriage and Family Therapy – Associate Representative	2020
Illinois Affiliation of Marriage and Family Therapy – Student Member	2020

American Association for Marriage and Family Therapy – Pre-Clinical Fellow 2019

The International Honors Society of Marriage and Family Therapy, Delta Kappa (Omega Chapter) – President 2018

American Association for Marriage and Family Therapy – Student Member 2016

International Honors Society in Psychology, Psi Chi 2016

Invited Manuscripts

Griggs, M. (2022). “There’s always more work to do”: An interview with Janine Roberts on where Feminism is and where it is going. [Manuscript in preparation]. Adler University.

Griggs, M., Roberts, B. (2022). Exploring the intersection of race and feminism: How are feminists mentors discussing issues of race? [Manuscript in preparation] Adler University.

Publications

Gebel, G., Griggs, M., Washington, K. (2022). An evaluation of structural family therapy from the lens of consensual nonmonogamy. *The Family Journal*.

<https://doi.org/10.1177/10664807221104117>.

Griggs, M. (2022). *Superwoman syndrome: A narrative approach to treating depression in African American women*. [Manuscript in preparation]. Purdue University.

Griggs, M. (2022). *From school to therapy pipeline: Clinical implications for combating the school to prison pipeline in Black and African American students*. [Manuscript in preparation]. Purdue University.

Griggs, M., Spencer, J., Lampkin, S. (2021). *Heartbreak hotel: An Overview of infidelity experience in African American relationship*. [Manuscript in preparation]. Adler University.

Awards

AAMFT MFP Doctoral Fellowship Recipient	2021
Purdue University Northwest Days of Discovery Poster Award Recipient	2018
Purdue University Northwest Graduate Research Award Recipient	2018