

Degree Requirements	Details		
Credit Hours	120 credit hours For example, students starting a 120 credit hour program in Fall 2017 must complete a minimum of 15 credit hours per semester/30 credit hours per academic year to earn a Bachelor's Degree on time in 4 years and graduate by May 2021.		
Grade Point Average (GPA)	2.0 GPA		
Residency Rule	Complete at least 32 hours at the 30000 or higher course level at Purdue University Northwest		
Experiential Learning (E X L)	1 course approved with the E X L attribute. E X L courses are noted by (e) next to the course title.		
General Education Core	Purdue University Northwest requires a minimum of 30 credit hours in the following General Education competencies:		
	English Composition (6 credits); Speech Communication (3 credits); Quantitative Reasoning (3 credits); Natural Science (3 credits);	Technology (3 credit hours); Humanities (3 credits); Social Science (3 credits); Any General Education (3 credits);	Freshman Experience Course (1 to 3 credits) For courses less than 3 credits, 1 or 2 credits must be earned from another general education approved course.
	Some courses may fulfill more than one requirement. Additional General Education coursework may be required to achieve the minimum 30 credit hours. Only courses approved by University Senate will satisfy Gen Ed Requirements. (See Course Descriptions at http://www.pnw.edu/registration/class-schedule-and-course-descriptions for more information.)		

Milestone Courses noted by (m) next to the course title have been identified as being critical to your success in this field of study. Failure to master the subject matter in milestone courses may impact your ability to progress in your degree program. This may entail achieving higher grades than just the minimum noted in this plan of study. Review program requirements with your academic advisor to stay on track for graduation. **E X L courses are noted by (e) next to the course title.**

SEMESTER 1 - Program Requirements (Course Title)	Subject Code/ Course Number	Term Offered (if specific)	Credit Hours	Gen Ed	Min Grade	Also Allowed	Pre/Co-requisite Courses
Intro to Hospitality and Tourism (m)	HTM 10000 (m)		2	Yes	C		Co-requisite: HTM 10100
HTM Student Seminar	HTM 10100		1	Yes	C		Co-requisite: HTM 10000
English Composition I	ENGL 10400		3	Yes		ENGL10000	
Nutrition for Health, Fitness and Sports	FN 26100		3		C		
General Chemistry (m)	CHM 11900 (m)		3				
Hospitality and Tourism Marketing	HTM 23100		3		C		

SEMESTER 2 - Program Requirements (Course Title)	Subject Code/ Course Number	Term Offered (if specific)	Credit Hours	Gen Ed	Min Grade	Also Allowed	Pre/Co-requisite Courses
Foods: Their Selection & Prep	FN 20300		3		C		
Anatomy and Physiology I	BIOL 21300		4	Yes			CHM 11900 or BIOL 10100
English Composition II (e)	ENGL 10500 (e)		3	Yes			ENGL10000 "B" min, ENGL10400 "C" min
Issues and Problems in Health	FM 21900		3		C		
Nutrition for the 21st Century	FN 10500		1		C		
Individual Wellness Strategies	See Note 1		1		C		

SEMESTER 3 - Program Requirements (Course Title)	Subject Code/ Course Number	Term Offered (if specific)	Credit Hours	Gen Ed	Min Grade	Also Allowed	Pre/Co-requisite Courses
Anatomy and Physiology II	BIOL 21400		4	Yes			CHM 11900 or BIOL 10100
Intro to Computer-Based Systems	CIS 20400		3	Yes			
Essentials of Nutrition (m)	FN 30300 (m)		3	Yes	C		
Fundamentals of Speech (m)	COM 11400 (m)		3	Yes			
Elementary Psychology	PSY 12000		3	Yes			

SEMESTER 4 - Program Requirements (Course Title)	Subject Code/ Course Number	Term Offered (if specific)	Credit Hours	Gen Ed	Min Grade	Also Allowed	Pre/Co-requisite Courses
Intro to Human Development	HDFS 21000		3				
Recreational Leadership	FM 30100		3		C		
Organization and Management in HTM	HTM 21200		3		C		Classification 3 or Higher
Humanities Elective	Any Gen Ed approved Humanities course		3	Yes			
Individual Wellness Strategies	See Note 1		1		C		

SEMESTER 5 - Program Requirements (Course Title)	Subject Code/ Course Number	Term Offered (if specific)	Credit Hours	Gen Ed	Min Grade	Also Allowed	Pre/Co-requisite Courses
Principles of Economics	ECON 21000		3			ECON10100	

SEMESTER 5 - Program Requirements (Course Title)	Subject Code/ Course Number	Term Offered (if specific)	Credit Hours	Gen Ed	Min Grade	Also Allowed	Pre/Co-requisite Courses
Physiology of Exercise (m)	FM 26800 (m)		3		C		CHM 11900 and BIOL 21400; Co-Requisite: FN 30300
Financial Accounting Service (m)	HTM 14100 (m)		3		C		
Intro to Tourism	HTM 37100		3		C	HTM 37500, 38300, 38500	
Introduction to Sociology	SOC 10000		3	Yes			
Individual Wellness Strategies	See Note 1		1		C		
SEMESTER 6 - Program Requirements (Course Title)	Subject Code/ Course Number	Term Offered (if specific)	Credit Hours	Gen Ed	Min Grade	Also Allowed	Pre/Co-requisite Courses
Managerial Accounting and Financial Management in Hospitality	HTM 24100		3		C		HTM 14100
Practicum in Health, Fitness and Nutrition (e)	FM 30000 (e)		3		C		FN 30300 and FM 26800
Human Resources Management for the Services Industries (m)	HTM 31200 (m)		3		C		HTM 29100; See Note 2
Anatomy and Kinesiology	FM 30200		3		C		BIOL 21300 and BIOL 21400
Statistics and Contemporary Life	STAT 13000		3	Yes			
SEMESTER 7 - Program Requirements (Course Title)	Subject Code/ Course Number	Term Offered (if specific)	Credit Hours	Gen Ed	Min Grade	Also Allowed	Pre/Co-requisite Courses
Beg. Concepts of Group Exercise	FM 31400		2		C		FM 26800 and FM 30200
Evaluation, Testing and Assessment of Exercise (m)	FM 41000 (m)		3		C		FM 26800, FM 30000, FM 30200
Physiology of Exercise II	FM 47400		2		C		FM 26800, FM 30200, FM 4100
Nutrition for a Healthy Lifestyle	FN 12000		1		C		
Vegetarian Nutrition	FN 12100		1		C		
Nutrition for Aging	FN 36000		3		C		
Free Elective			3				
SEMESTER 8 - Program Requirements (Course Title)	Subject Code/ Course Number	Term Offered (if specific)	Credit Hours	Gen Ed	Min Grade	Also Allowed	Pre/Co-requisite Courses
Community Nutrition and Health Promotion Entrepreneurship	FN 42200		3		C		FN 30300 or FN 26000
Practicum in Health, Fitness and Nutrition II (e)	FM 30500 (e)		3		C		FM 26800, FM 41000, FM 47400
Business Writing	ENGL 42000		3				ENGL 10400 and Junior Standing (Classification 5) or Higher
Beginning Concepts of Personal Training	FM 31300		2		C		FM 26800 and FM 30200
Private Club Mgmt and Operations	HTM 31500		3		C		HTM 23100 & HTM 34100; Note 2
Individualized Wellness Strategies	See Note 1		1		C		
Program Total			120				

Additional Information and Guidelines

Note 1: Individualized Wellness Strategies Course (1 Cr) these courses are repeatable for credit: FM 10100 - Cardiovascular Exercise Machines; FM 10200 - Weight Training; FM 10300 - Walking/Jogging; FM 10400 - Physical Fitness; FM 10500 - Yoga; FM 10600 - Racquetball; FM 10700 - Basic Self Defense; FM 10800 - Circuit Training; FM 11200 - Aikido/Hapkido; FM 11300 - Tai Chi; FM 11400 - Pilates; FM 11600 - Wing Chun; FM 11701 - Latin Ballroom Dance Partners; FM 11701 - Latin Ballroom Dance Exercise; FM 11702 - Advanced Weight Training; FM 11703 - Jiu Jitsu; FM 11704 - Zumba; FM 39000 - Trx Suspension Training; FM 39000 - Army Physical Training

Note 2: MDS-Fitness Management Option students may take HTM 31200 without HTM 29100. HTM-Fitness Management Option students may take HTM 31500 without HTM 34100.

Note 3: HTM 37100 can be substituted with HTM 375, HTM 385 or HTM 383. These courses may be taken whenever available in schedule.

All HTM Core Courses and HTM Elective Courses must be completed with a grade of C or better (Not C-).

Resources

The 8 semester plan of study is a recommended sequence of classes designed to show how this program can be completed within four years. Visit www.15toFinishIndiana.org for information and resources.

To learn more about this program, go to <http://www.pnw.edu/catalog> and select the appropriate academic department.

For career information, check out "What Can I Do With this Major?" at <http://whatcanidowiththismajor.com/major>.

For Financial Aid eligibility, go to <http://admissions.pnw.edu/financial-aid>. Annual FAFSA filing deadline is March 10. Financial Aid recipients are required to complete 30 credits per calendar year to stay eligible for the standard financial aid award.

Financial Guarantee: If you follow the degree map and find a course unavailable, you may be able to take the course for free in a future semester. Certain exclusions apply.

